



NTI UPSTREAM
**ONLINE TRAINING
CONFERENCE
SERIES**

FLEXIBLE PROGRAMS TO MEET YOUR TEAM'S
TRAINING NEEDS

**AT NTI UPSTREAM, WE BELIEVE THAT LEARNING
AND EDUCATION ARE AT THE FOUNDATION OF
IMPROVING OUTCOMES FOR FAMILIES AND
CHILDREN.**

THEY ENRICH OUR LIVES BY STIMULATING OUR MINDS AND TRANSLATING
KNOWLEDGE INTO ACTIONS THAT ENHANCE THE HEALTH AND WELFARE OF
THE COMMUNITIES WE SERVE.

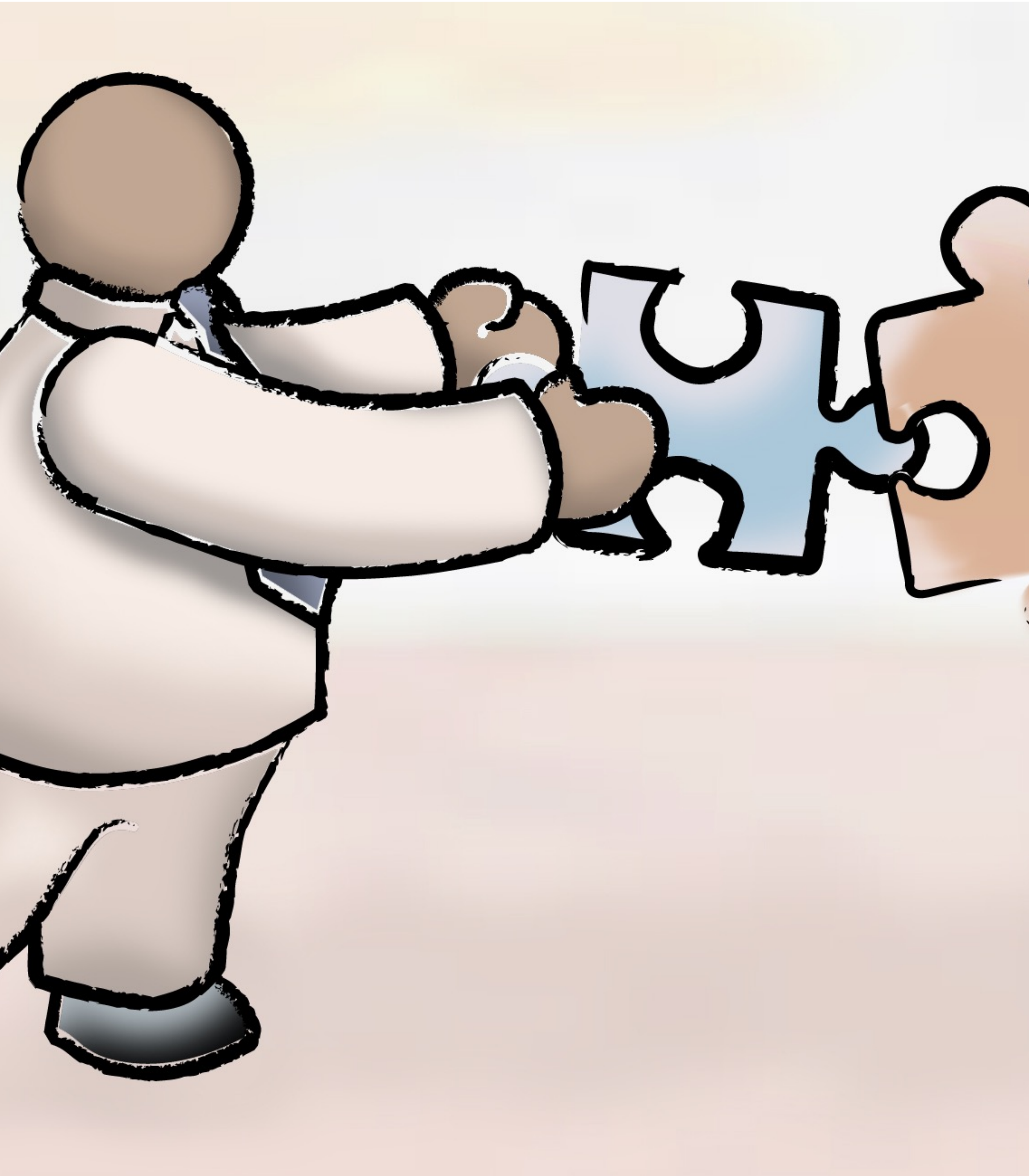
RIGHT NOW, TWO THINGS ARE CLEAR

1

THERE WILL BE LIMITATIONS ON EDUCATION & TRAINING GATHERINGS FOR SEVERAL MONTHS TO COME.

2

THERE IS AN ONGOING - PERHAPS INCREASING - NEED FOR PROFESSIONAL EDUCATION & TRAINING.



New information for identifying at-risk families and children, assessing their needs, and providing treatment programs that work emerges every day.

Keeping up with the growing bodies of knowledge is difficult in the best of times. In this continuing reality of COVID-19, it is even more challenging.

We will be faced with significant questions as we try to put our agencies and programs back together.



RECOVERY

How will agencies recover?



TEAMS

How will clinical teams cohere into effective working units?

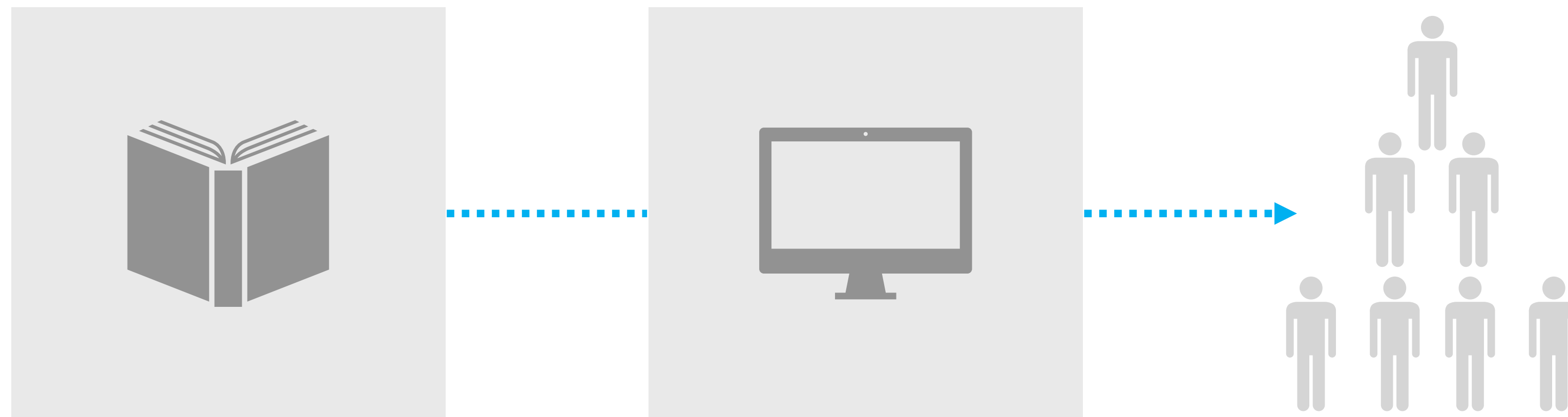


SUPPORT & CARE

How will we collectively deliver the quality services our programs are known for to support the families and children in our care, and to meet the personal needs of our staff - all while addressing the national trauma we have suffered?

In response to these realities, NTI Upstream is now offering to develop and deliver either live in-person or online training programs, including full conferences for your agency, community and broader audience.

For online programs, all of the content, including faculty presentations, handouts, and multimedia can be delivered via **live web broadcast.**

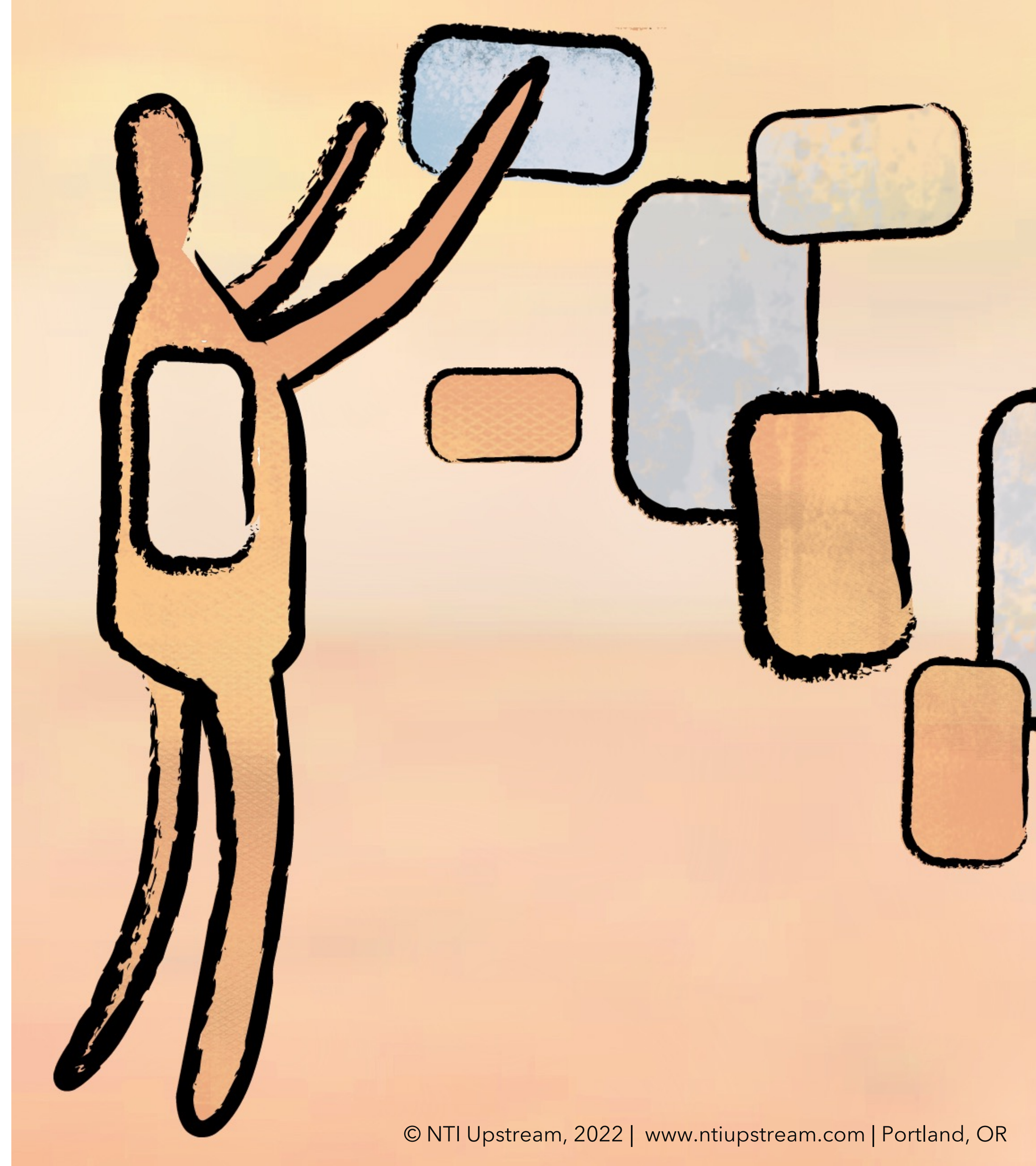


There are many educational courses available, but NTI Upstream's programs are different.

We offer a purposeful and evidence-based training experience for your audience.

- ▶ NTI Upstream is the **only** national educational, training, and policy organization that focuses on the myriad issues related to substance use in pregnancy and its implications for the developing child.
- ▶ All information is **research-based** and is derived from evidence-based prevention and intervention programs.
- ▶ NTI Upstream's training programs have been subjected to randomized controlled studies that have documented participants' **significantly enhanced** levels of learning.
- ▶ NTI Upstream's training faculty consists of skilled clinicians, all of whom have **over 25 years' experience** conducting research and working with families and children affected by substance use and misuse.
- ▶ NTI Upstream's programs **cross the span of childhood**, from infancy to young adults.

[Click here to view our Faculty](#)



Through the use of multi-media strategies and participatory learning, our training programs meet the evidence-based requirements for translating science into public health messaging and behavior change.

SOCIAL VALIDITY

Information is presented in a way that fits with the learner's life and values.

IMMEDIACY

Training and presentations are grounded in clinical experience and true case histories that lend a sense of immediacy and importance to the information being presented.

ECOLOGICAL VALIDITY

Information is delivered in a manner and within an online environment that is appropriate and non-threatening.

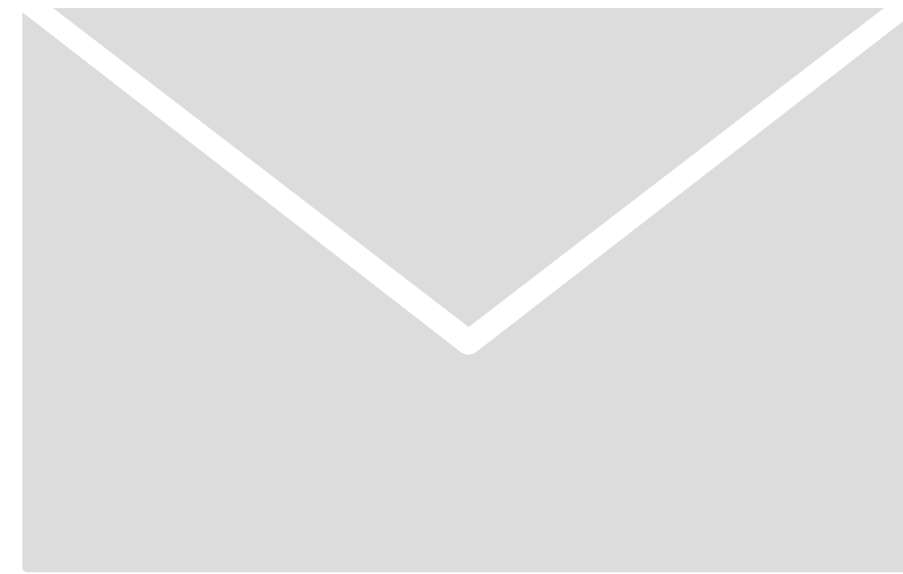
STAKEHOLDER PARTICIPATION

Training programs are designed to be interactive and to place learners in control of retrieving the information, making them active learners.

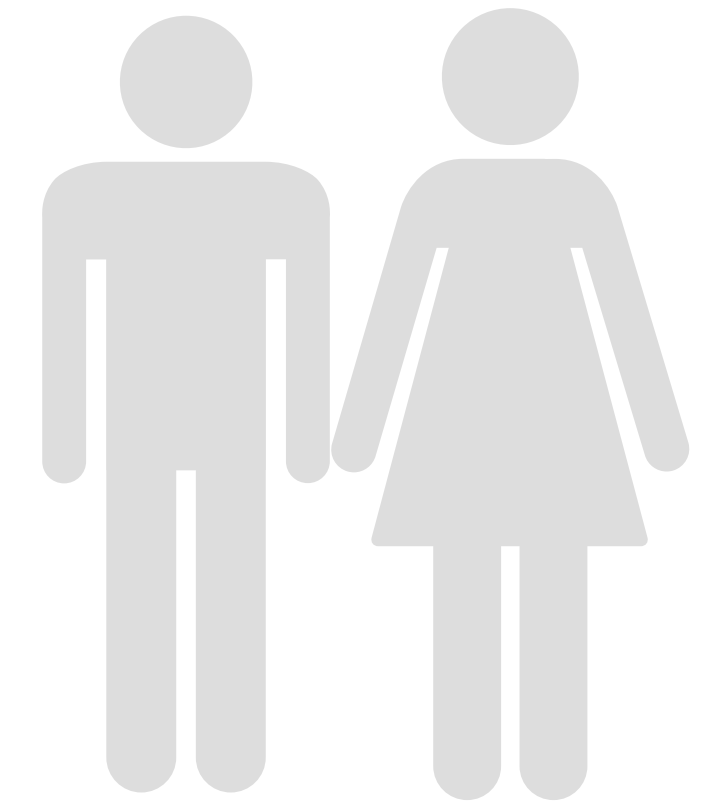
NTI's programs provide flexibility for the training you need.



They range in length from a 1.5- hour webinar, to a 4-hour session, to a full day, to a two-day training program.



They can be delivered sequentially or in segments.



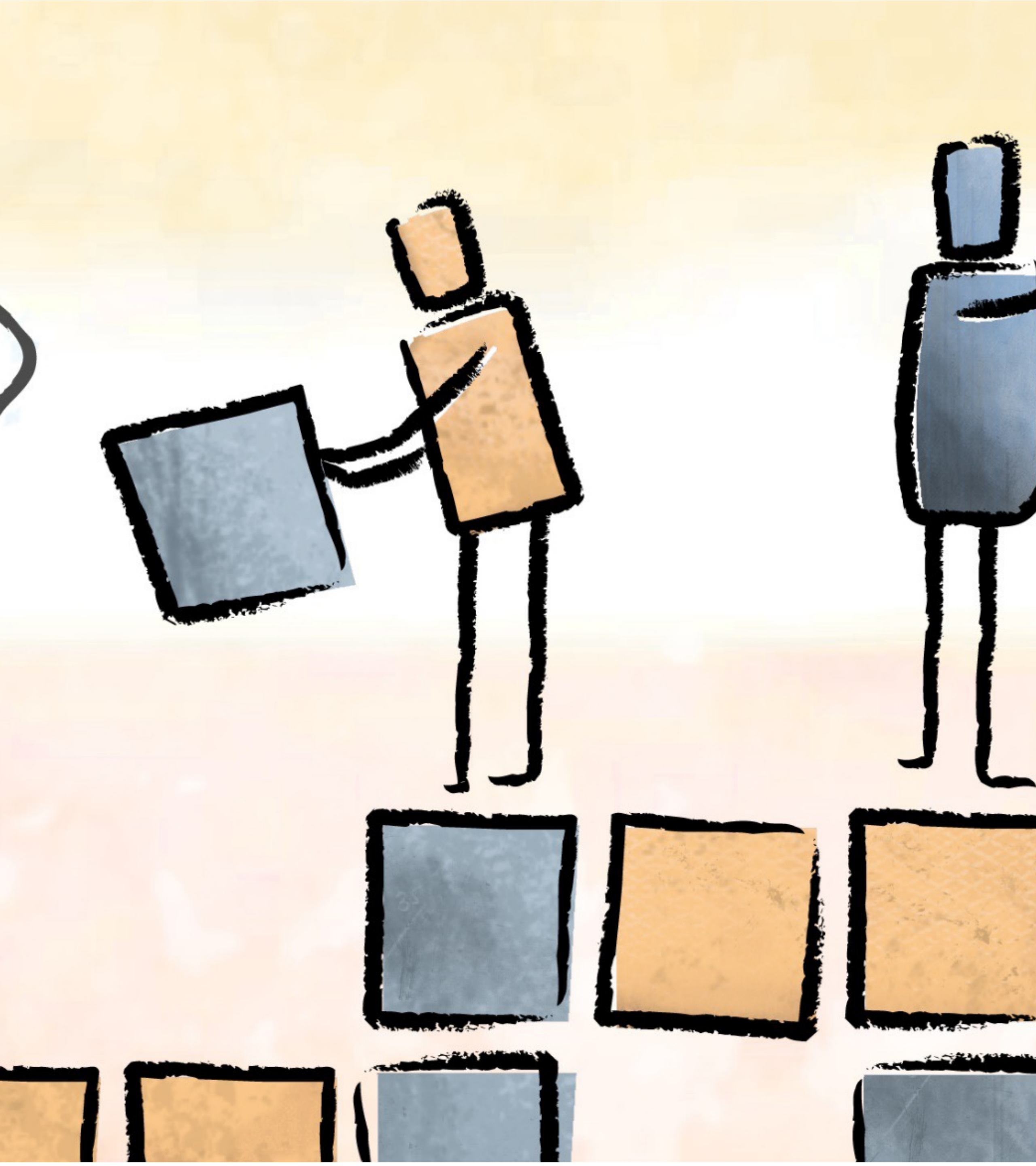
The topics you choose determine which of our faculty members will participate.

NTI Upstream’s training fee includes:

- ▶ Faculty and facilitators to conduct the full training program live in person to an unlimited number of people or full online capabilities to deliver the program for up to 500 people viewing the program individually or in small groups.
- ▶ Completion of all continuing education (CEU, CME) documents (course summaries, learning objectives, agenda, evaluation strategies, etc.) required by your local provider of continuing education credits.
- ▶ Delivery of an electronic version of all slides to the sponsoring entity for distribution to all conference participants.
- ▶ Presentation of the full curriculum as developed in collaboration with the sponsoring entity.

The fee for the development and delivery of the training depends on which package you select, based on the number of faculty and the length of the program:

Package	Program Length	Faculty	Cost
Webinar	1.5 hours	Dr. Ira Chasnoff	\$2,000
Half-day program	4 hours	Dr. Ira Chasnoff	\$5,000
Full day program	6 hours	Dr. Ira Chasnoff	\$7,200
		Dr. Ira Chasnoff + 1	\$9,500
Two-day program	10 to 12 hours	Dr. Ira Chasnoff	\$12,000
		Dr. Ira Chasnoff + 1	\$16,000
		Dr. Ira Chasnoff + 2	\$20,000
		Dr. Ira Chasnoff + 3	\$25,000
Leadership Institute	3.5 days	Dr. Ira Chasnoff Dr. Richard McGourty	\$25,000



NTI Upstream also offers support for any group that needs assistance in putting their conference together.

For additional charges NTI will provide:

- ▶ Program marketing via electronic communication and social media
- ▶ Program evaluation

Resource discounts are also available to ensure that your audience members can have the tangible materials they need to learn. These include:

- ▶ Full catalog of books
- ▶ Training manuals
- ▶ Video content
- ▶ Behavior management technology
- ▶ Subscription services

Discounts are based on quantity and range from 10%-40% off the original retail prices.

A close-up photograph of a person in a white lab coat, likely a healthcare professional, holding a silver tablet computer. The person's hands are visible, with the right hand touching the screen. A silver stethoscope is draped around the person's neck. The background is softly blurred, showing a warm, yellowish light. The overall image has a clean, professional aesthetic.

To start designing your in-person or online training program, please contact us at:
gchasnoff@ntiupstream.com



APPENDIX

THE NTI UPSTREAM FACULTY

TRAINING PROGRAM OUTLINE OF TOPICS

THE NTI UPSTREAM FACULTY



**IRA
CHASNOFF**

Ira J. Chasnoff, M.D., an award-winning author, researcher and lecturer, is president of NTI Upstream and a Professor of Clinical Pediatrics at the University of Illinois College of Medicine in Chicago. He is one of the nation's leading researchers in the field of child development and the effects of maternal alcohol and drug use on the newborn infant and child. His research projects include a study of the long-term cognitive, behavioral and educational developmental effects of prenatal exposure to alcohol, cocaine, and other drugs; strategies for screening pregnant women for substance use; the effects on birth outcome of prenatal treatment and counseling for pregnant drug abusers; the effectiveness of both outpatient and residential treatment programs for pregnant drug abusers; and innovative treatment approaches for children affected by prenatal exposure to alcohol or illicit drugs. Dr. Chasnoff led the development and operation of a laboratory preschool classroom to develop specific interventions for children prenatally exposed to alcohol and other drugs and developed a model Head Start Family Service Center for children and their families at risk from drugs and the drug-seeking environment. In addition, Dr. Chasnoff directed one of five national sites conducting research into the integration of behavioral health interventions into primary health care services for high-risk children and their families, and through this project studied the impact of concurrent planning on permanency placement for children in the foster care system. Since 2002, Dr. Chasnoff has been leading cutting edge research into innovative treatment for children with Fetal Alcohol Syndrome.

THE NTI UPSTREAM FACULTY



**AMY
GROESSL**

Dr. Amy Groessl is a licensed clinical social worker specializing in the treatment of children and adults who have a history of complex trauma, neurocognitive deficits, attachment disorders, and issues related to adoption. She currently provides psychotherapy, clinical supervision, and consultation in a private practice in Chicago. Dr. Groessl was director of the therapy program at Children's Research Triangle (CRT) for 11 years providing direct services, local and national trainings, and managed local and federal funding grants, which included a seven-year project with the National Child Traumatic Stress Network. Besides her clinical work, Dr. Groessl is a visiting lecturer at the Institute for Clinical Social Work teaching courses that focus on qualitative research, trauma, attachment theory, and neuropsychology. In her free time, she enjoys working as a professional genealogist with special interest in helping adoptees research their biological lineage.



**CHRISTINE
SCHMIDT**

Dr. Christine Schmidt is a clinical psychologist who has specific interest and expertise in working with youth and families impacted by pre- and post-natal trauma. She began her postdoctoral career in 2001 at the Children's Research Triangle (CRT), in Chicago, Illinois, where she received extensive training surrounding the assessment and treatment of children who have histories of prenatal substance exposure and complex trauma. Over the course of her 16-year tenure at CRT, Dr. Schmidt lead the child adolescent psychology program, coordinated the student and postdoctoral training program, directed several foundation and national grants, and provided numerous local and national trainings regarding pre- and postnatal trauma. Most recently, Dr. Schmidt has especially enjoyed co-directing a three-year grant designed to help address the impact of secondary traumatic stress, compassion fatigue, and vicarious trauma on legal professionals working with youth in the child welfare system. In her current role as an Illinois Department of Children and Family Services consulting psychologist, Dr. Schmidt provides consultative psychological services to administrators, caseworkers, and other professionals involved with the department. Each summer, Dr. Schmidt and her two children, ages 10 and 13 years, appreciate the additional opportunity to help run a two-week overnight camp for children who have special needs, Camp SOAR.

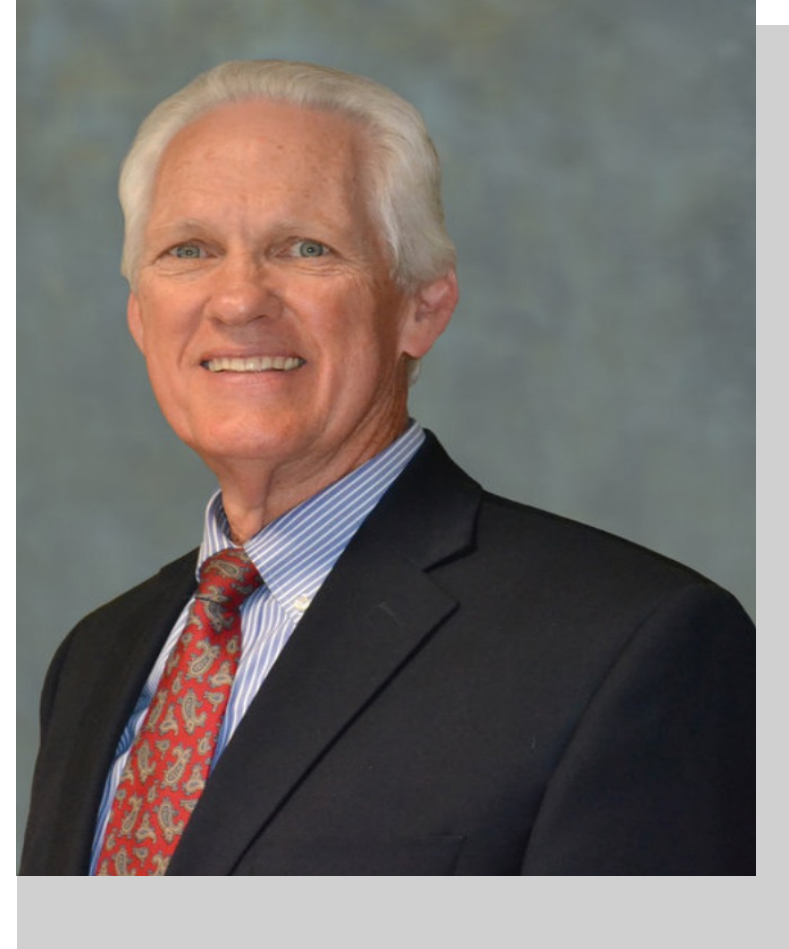
THE NTI UPSTREAM FACULTY



**RICH
MCGOURTY**

Over the last thirty-five years, Dr. Rich McGourty has consulted with organizations in a wide range of industries, including business, government, health care/human services and higher education. His work areas include executive and management assessment and development; helping senior managers and teams formulate strategy; trouble-shooting with boards, teams, and organizations that are experiencing problems; and facilitating the development of high-performance teams.

Rich received his Ph.D. in Clinical Psychology from Loyola University in Chicago and is a licensed Clinical Psychologist in the State of Illinois. He has taught at Loyola University in Chicago and at St. Mary's University in Winona, MN. He also served as an honorary visiting fellow at the University of York in England.



**RONALD J.
POWELL**

Ronald J. Powell, PhD, President of RJ Powell Consultants and the former Chief Executive Officer of the Desert/Mountain Special Education Local Plan Area, the Desert/Mountain Charter SELPA, and the Desert/Mountain Children's Center has over 40 years of experience in public education as a special education teacher, consultant, administrator, and adjunct faculty at the University of California, Riverside. As a published author, accomplished public speaker, and a recognized expert in the administration of school-based mental health services, Dr. Powell has been instrumental in the development of a wide variety of exemplary programs for at-risk youth and has made numerous conference presentations on the subject. Dr. Powell currently serves as a consultant to school districts, county agencies and nonprofit organizations to facilitate the adoption of practices that address the emotional and behavioral health needs of at-risk youth. Dr. Powell serves on the Executive Board of the Children's Fund of the Inland Empire and is a Trustee for the Apple Valley Unified School District. He has been honored by the Association of California School Administrators as the Special Education Administrator of the Year for Region 12 and is the recipient of the Lifetime Advocate award by the Child Abuse Prevention Council for San Bernardino County and the Lifetime Achievement Award by the California Mental Health Advocates for Children and Youth.

TRAINING PROGRAM TOPICS

*Select from the following menu of topics to design the training program that will meet your target audience's needs.
Choose any combination of the following topics based on your budget and training needs.*

I. EPIDEMIOLOGY OF SUBSTANCE USE IN PREGNANCY

1. National surveys
2. State studies
3. Community evaluation

II. IDENTIFICATION OF THE PREGNANT WOMAN AT RISK FOR SUBSTANCE USE/MISUSE

1. Use of a screening instrument in the primary health care setting
2. Toxicology issues
 - Urine
 - Meconium
 - Hair
3. Developing a comprehensive SBIRT system for pregnant women

III. PSYCHOSOCIAL ISSUES AND TREATMENT IMPLICATIONS FOR PREGNANT WOMEN USING DRUGS AND ALCOHOL

1. Gender-Specific Issues for Women
 - Dual diagnosis
 - Violence
 - Sexual abuse
2. Cognitive Function
 - Intellectual Capabilities
 - Achievement
3. Parenting Issues
 - Family history
 - Cultural influences
 - Developmental expectations
4. Trauma-influenced behaviors
 - Understanding trauma histories
 - Incorporating trauma-informed practices into maternal care
5. Medication assisted treatment for pregnant women
6. Therapeutic maternal/child interventions
 - Gender-specific treatment for women
 - Infant mental health
 - Dyadic therapy
7. The neurobiology of attachment in the maternal/child dyad affected by prenatal substance use and misuse

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TRAINING PROGRAM TOPICS CONTINUED

IV. MATERNAL CONSEQUENCES OF PARENTAL DRUG OR ALCOHOL USE

1. Pregnancy outcome
2. Intervention strategies
 - Brief interventions
 - Motivational interviewing

V. FETAL ALCOHOL SPECTRUM DISORDERS

1. Growth
2. Facial dysmorphology
3. CNS effects
 - Cognitive functioning
 - Behavior
 - Information processing
4. Understanding the spectrum

VI. PRENATAL ALCOHOL AND DRUG EXPOSURE: THE GROWING CHILD

1. Long-term impact on child
 - Growth
 - Health
 - Neurodevelopment
 - Neurocognitive
 - Self-regulation
 - Adaptive functioning
2. Implications for intervention
 - Psychosocial
 - Legal
 - Family-based strategies
 - The role of the child welfare system
3. Child Abuse Prevention and Treatment Act
 - Professional training
 - Systems development
 - Policy development and implementation
4. The online world: Elements of risk for the child/teen with FASD

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TRAINING PROGRAM TOPICS CONTINUED

VII. NEONATAL OUTCOME

1. Growth patterns
2. Morbidity and mortality
3. Infectious diseases
 - Syphilis
 - HIV
 - Hepatitis B and C
4. Neonatal Abstinence Syndrome (NAS)
 - Changing patterns of opiate misuse
 - Neonatal symptomatology
 - Differentiating NAS from neurobehavioral deficits in the newborn
 - Assessment: Eat/sleep/console
 - Treatment of the neonate
5. Marijuana use in pregnancy
 - Neonatal and child outcome
 - Public health perspective
6. Neurobehavior
 - Newborn behaviors
 - Motor
 - Orientation
 - State regulation
 - Intervention strategies
 - Sensory integration
 - Parenting interventions
 - Neurobehavior vs. NAS
7. Implications for early attachment

VIII. BEHAVIORAL MANAGEMENT AND INTERVENTIONS FOR THE CHILD PRENATALLY EXPOSED TO ALCOHOL OR DRUGS

1. Infants and preschool
2. School-age children and adolescents
 - Regulatory disorders
 - Developing social skills
 - Understanding learning problems
 - Educational interventions
3. Integrating trauma-informed strategies
4. Family- and agency-based interventions
5. School-based interventions
6. Addressing attachment issues
7. Special considerations for adoptive and foster parents

IX. EDUCATIONAL INTERVENTION FOR THE CHILD AFFECTED BY PRENATAL SUBSTANCE EXPOSURE

1. Effective educational strategies
2. Social-emotional learning
3. Building the home/school bridge

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TRAINING PROGRAM TOPICS CONTINUED

X. ADDRESSING THE NEEDS OF THE COMPLEX CHILD WITH PRENATAL AND POSTNATAL TRAUMA

1. Polyvagal theory in trauma therapy
2. Window of tolerance
3. Practical clinical application of trauma theory
4. Using a genogram to map out intergenerational transmission and influence of trauma
5. Assess quality of relationships
6. Using *Theraplay*[®] to build family relationships

XI. CLINICAL ISSUES FOR ASSESSING AND TREATING CHILDREN AND FAMILIES

1. Standardized testing: what it means
2. Diagnostic interview, integrating test results, and developing a case summary and recommendations
3. Reflective peer consultation
4. Secondary trauma
5. Special considerations when working with adoptive families
6. Stories from families who have adopted a child with FASD
7. Relational psychotherapy in a world of evidence-based approaches
8. How to complete a trauma assessment in a community setting
9. Integrating an outpatient therapy model into a school setting

XII. ROLE OF THE COURTS

1. Child welfare
2. FASD as a mitigating factor
3. Adjudication
4. Sentencing

XIII. IS PREVENTION AN ETHICAL OBLIGATION?

1. The scientific foundation of ethical decision-making
2. Key principles of ethical decision-making
3. The intersection of medicine, law and politics

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TRAINING PROGRAM TOPICS CONTINUED

*The following items are covered in the *Leadership Institute*

XIV. ORGANIZATIONAL DEVELOPMENT AND MANAGEMENT

1. Vision, mission, and action planning
2. The quality of leadership
 - Day-to-day management and decision making
 - Leadership through crises
3. Handling the shadow side of organizational management
4. Developing a strategic plan for social media
5. Addressing secondary trauma in staff

XV. STRATEGIC PLANNING: DEVELOPING A SYSTEM OF CARE FOR CHILDREN AND FAMILIES

1. Defining a system
2. Creating partnerships
3. Systems vs. service integration
4. Creating a 3-year strategic plan
 - Vision
 - Mission
 - Action plan
 - Sustainability: financial and human resource
5. Evaluation

A stylized illustration featuring several human figures in various poses, some holding large rectangular documents. The background is a dark grey horizontal band with a grid of these documents. The top and bottom areas are light yellow with a soft, glowing effect. The text is centered in the dark band.

NTI UPSTREAM

www.ntiupstream.com